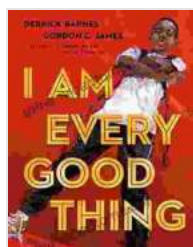


# Am Every Good Thing: A Journey of Healing and Hope

In Am Every Good Thing, author Tanaya Winder shares her personal journey of healing and hope after experiencing sexual abuse and addiction.



## I Am Every Good Thing by simone bargiotti

★★★★☆ 4.9 out of 5

Language : English

File size : 15261 KB

Print length : 32 pages

Screen Reader : Supported



Winder's story is both heartbreaking and inspiring. She writes with raw honesty about the abuse she suffered as a child, and the addiction she turned to in an attempt to cope. But Winder's story is also a story of hope and resilience. She writes about the healing she has found through therapy, support groups, and her own spiritual journey.

Winder's message is one of hope and healing for anyone who has experienced trauma. She writes, "I want to share my story to let others know that they are not alone, and that there is hope for healing."

Am Every Good Thing is a powerful and moving memoir that will resonate with readers who have experienced similar trauma. Winder's story is a testament to the power of hope and resilience, and her message of healing will inspire readers to find their own path to recovery.

## **About the Author**

Tanaya Winder is a writer, speaker, and advocate for survivors of sexual abuse and addiction. She is the author of the memoir *Am Every Good Thing*, and she has written extensively about her experiences on her blog and in various publications.

Winder is a passionate advocate for survivors of sexual abuse and addiction. She speaks regularly at conferences and events, and she is a member of the board of directors of the National Sexual Violence Resource Center.

Winder's work has been praised for its honesty, courage, and compassion. She is a powerful voice for survivors of sexual abuse and addiction, and her work is helping to change the way we talk about and understand these issues.

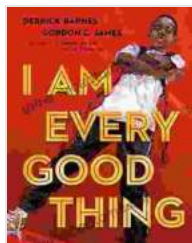
## **Reviews**

"*Am Every Good Thing* is a powerful and moving memoir that will resonate with readers who have experienced similar trauma. Winder's story is a testament to the power of hope and resilience, and her message of healing will inspire readers to find their own path to recovery." - Publishers Weekly

"Winder's writing is raw and honest, and she does not shy away from the difficult details of her story. But her message is ultimately one of hope and healing. *Am Every Good Thing* is a powerful book that will stay with readers long after they finish it." - Shelf Awareness

"Tanaya Winder is a courageous and inspiring voice for survivors of sexual abuse and addiction. *Am Every Good Thing* is a must-read for anyone who

has experienced trauma, or who knows someone who has." - RAINN



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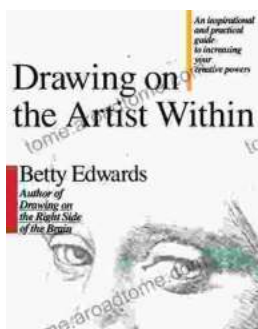
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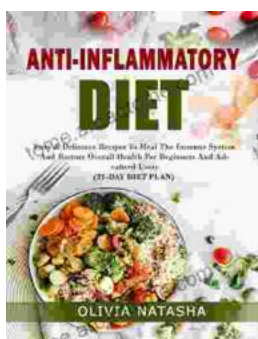
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