

Developing An Awareness Of What Controls Who You Are What You Are



Influence : Developing an Awareness of What Controls Who You Are, What You Are by Benjamin Ndolo

★★★★★ 5 out of 5

Language	: English
File size	: 2379 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 32 pages
Lending	: Enabled



Who are you? What are you? These are two of the most fundamental questions that human beings can ask themselves. And yet, they are also two of the most difficult questions to answer.

In this book, we will explore the different factors that control who we are and what we are. We will examine the role of our genes, our environment, our experiences, and our own choices in shaping our lives.

We will also discuss the concept of free will, and whether or not we truly have control over our own lives. Ultimately, the goal of this book is to help you develop a greater awareness of what controls who you are and what you are. This awareness is essential for living a fulfilling and meaningful life.

The Role Of Genes

Our genes play a significant role in shaping who we are. They determine our physical appearance, our intelligence, and our personality traits.

However, it is important to remember that our genes are not destiny. They are simply a starting point.

The environment in which we grow up also has a major impact on who we become. Our parents, our teachers, and our friends all play a role in shaping our values, beliefs, and behaviors.

Our own experiences also contribute to who we are. The things that we go through in life can shape our worldview and our sense of self.

The Role Of Choices

In addition to our genes, our environment, and our experiences, our own choices also play a role in shaping who we are. Every day, we make countless choices, both big and small. These choices cumulatively add up to the path of our lives.

It is important to remember that we always have a choice. Even when we feel like we are being forced to do something, we still have the choice of how we respond.

The choices we make shape who we become. They have the power to create or destroy our lives.

The Concept Of Free Will

Do we truly have free will? Or are our actions determined by our genes, our environment, and our past experiences?

This is a question that has been debated by philosophers for centuries. There is no easy answer, but it is a question that is worth considering.

If we do have free will, then we are responsible for our own actions. We cannot blame our genes, our environment, or our past experiences for our mistakes.

However, if our actions are determined by factors beyond our control, then we cannot be held fully responsible for our mistakes.

The question of who we are and what we are is a complex one. There is no easy answer, but it is a question that is worth exploring.

This book has provided you with a framework for understanding the different factors that control who you are and what you are. This awareness is essential for living a fulfilling and meaningful life.

Now that you have a better understanding of what controls who you are and what you are, you can begin to take control of your own life. You can make choices that are in alignment with your values and goals. You can create a life that is truly your own.



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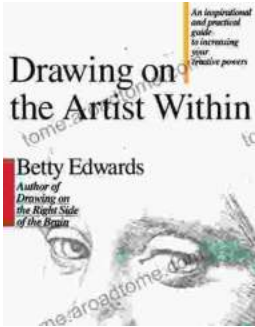
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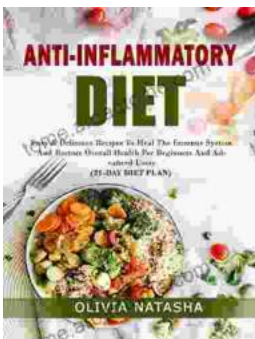
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