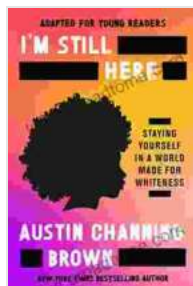


# Staying Yourself in a World Made for Whiteness



## I'm Still Here (Adapted for Young Readers): Staying Yourself in a World Made for Whiteness

by Austin Channing Brown

★★★★★ 5 out of 5

Language : English

File size : 4762 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 144 pages



In a world that often feels hostile and unwelcoming, it can be difficult to stay true to yourself. This is especially true for people of color, who are often subjected to discrimination and prejudice. But it is possible to stay yourself and thrive, even in a world that seems to be made for whiteness.

*Staying Yourself in a World Made for Whiteness* is an essential guide for people of color who are navigating this challenging world. This book provides tools and strategies for staying true to yourself while also protecting your mental and emotional health.

In this book, you will learn how to:

- Identify and challenge racist stereotypes
- Build a strong sense of self-identity

- Cope with the effects of discrimination
- Create a supportive community
- Advocate for change

*Staying Yourself in a World Made for Whiteness* is a powerful and inspiring book that will help you to navigate the challenges of living in a racist society. This book is a must-read for anyone who wants to stay true to themselves and make a difference in the world.

## **About the Author**

Dr. Joy DeGruy is a nationally recognized expert on the psychological effects of racism. She is a professor of social work at Portland State University and the author of several books, including *Post Traumatic Slave Syndrome* and *Assessing the Impact of Historical Trauma and Racism on Health*.

## **Reviews**

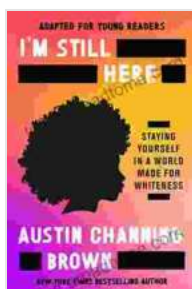
"*Staying Yourself in a World Made for Whiteness* is an essential guide for people of color who are navigating a world that often feels hostile and unwelcoming. This book provides tools and strategies for staying true to yourself while also protecting your mental and emotional health." - **Ibram X. Kendi, author of *How to Be an Antiracist***

"Dr. DeGruy's book is a powerful and inspiring guide for people of color who are working to stay true to themselves in a world that often seems to be made for whiteness. This book is a must-read for anyone who wants to make a difference in the fight for racial justice." - **Michelle Alexander, author of *The New Jim Crow***

## Free Download Your Copy Today

*Staying Yourself in a World Made for Whiteness* is available now in hardcover, paperback, and ebook formats. Free Download your copy today and start your journey to staying true to yourself in a world that is made for whiteness.

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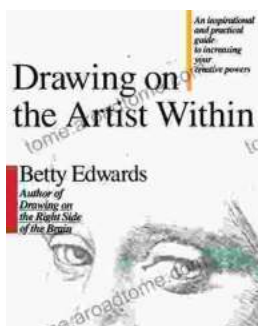
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