Write Your With The Help Of The Egyptian Goddess Seshat She Who Writes And

As a writer, I have always been fascinated by the ancient Egyptian goddess Seshat. She was the goddess of writing, wisdom, and knowledge, and her name means "She Who Writes." I was intrigued by the idea that a goddess could help me with my writing, so I decided to learn more about her.



She Who Scrivens: Write Your Book with the Help of the Egyptian Goddess Seshat (She Who Writes and

Publishes 1) by Laurie Sue Brockway

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Seshat was one of the most important gods in ancient Egypt. She was the daughter of the sun god Ra and the wife of the god Thoth, who was the god of wisdom and magic. She was also the patron of scribes, who were the highly respected writers and record keepers of ancient Egypt.

Seshat was often depicted as a woman with a papyrus scroll in her hand, and she is often seen wearing a headdress with a feather pen attached. She was also associated with the seven sacred scarabs, which were said to represent the seven virtues of a scribe: truth, justice, wisdom, eloquence, clarity, precision, and secrecy.

I have found that working with Seshat can be a powerful way to improve my writing skills. She has helped me to become more creative, more organized, and more confident in my writing.

If you are a writer, I encourage you to connect with Seshat. She can help you to unleash your inner scribe and write your best work.

How to Connect with Seshat

There are many ways to connect with Seshat. You can meditate on her image, recite her name, or wear her symbols. You can also write her a letter or make an offering to her.

One of the most powerful ways to connect with Seshat is through ritual. Rituals are a way of creating a sacred space in which to connect with the gods. They can be as simple or as elaborate as you like.

Here is a simple ritual that you can use to connect with Seshat:

- 1. Find a quiet place where you will not be disturbed.
- 2. Light a candle and place it on a table.
- 3. Place an image of Seshat on the table.
- 4. Sit down at the table and focus on the candle flame.
- 5. Close your eyes and take a few deep breaths.

- 6. Visualize yourself in the presence of Seshat.
- 7. Tell her why you are seeking her help.
- 8. Ask her for guidance and inspiration.
- 9. Open your eyes and blow out the candle.

You can also connect with Seshat through writing. You can write her a letter, a poem, or a story. You can also keep a journal and write down your thoughts and feelings about her.

No matter how you choose to connect with Seshat, the most important thing is to be open and receptive. Allow her energy to flow through you and inspire your writing.

Exercises to Improve Your Writing Skills with Seshat

In addition to connecting with Seshat, there are also a number of exercises that you can do to improve your writing skills.

Here are a few exercises that you can try:

- 1. Write a freewrite. A freewrite is a timed writing exercise in which you write whatever comes to mind without stopping. This is a great way to get started writing and to get your creative juices flowing.
- 2. Write a character sketch. Choose a character from one of your stories or poems and write a detailed description of their appearance, personality, and backstory.
- Write a scene. Write a scene from one of your stories or poems.
 Focus on creating a vivid and engaging scene that will draw the reader

4. Write a dialogue. Write a dialogue between two characters from one of your stories or poems. Make sure the dialogue is natural and believable.

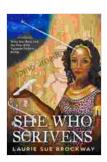
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5. Write a poem. Write a poem about Seshat or about something that inspires you.

These are just a few of the many exercises that you can do to improve your writing skills with Seshat. The most important thing is to be consistent with your practice and to have fun.

I hope this article has inspired you to learn more about Seshat and to connect with her energy. She is a powerful goddess who can help you to write your best work.





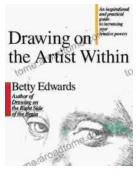
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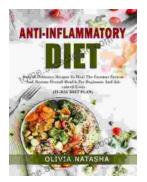
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